

Sida: 1 av 6

# **Identify your competences**

Do you have experience in a specific profession and would like to know how you can use that experience in Sweden?

By carrying out a self-assessment, you get an idea of what is required for your specific profession.

The self-assessment involves completing a survey that is linked to a profession on the Swedish labour market. The answers you give are meant to serve as a support and it can also be useful to refer to the self-assessment survey when you talk to one of our Employment Officers. The answers you give make it easier for the Swedish Public Employment Agency - and you - to choose what is right for you among the many services and activities offered by the Agency. Perhaps you need help with how to best use your skills and competences in Sweden or get advice on how you can develop, further your education and training, join a graduate or internship programme or become validated.

The self-assessment questions are based on the requirements placed on certain professions in Sweden. Your answers, however, are based on your own knowledge and experience in your profession.

Every bit of knowledge and experience counts. It is you who assess your own skills and competences.

This self-assessment concerns qualifications required for animal husbandry.

Assess your experience and competences using the rating scale below, so that you can get the best possible support from the Swedish Public Employment Agency.

# You can identify your competences based on the following rating scale

#### 1: No experience

· You have theoretical knowledge but no practical experience

#### 2: Limited experience

You had opportunities to do this type of work while in training

#### 3: Good experience

 You have references and certificates of employment from at least 12 months of work



Sida: 2 av 6

#### 4: Considerable experience

 You have several years of practical experience and would be able to start working unsupervised relatively quickly

#### 5: Extensive experience

- You should straight away be able to assume the position of a supervisor, manager or expert
- You have experience of organising and developing businesses including administration and management
- You have experience of communicating how the work should be carried out and getting your staff and colleagues involved and motivated
- You have experience of organising resources for various projects/groups/business areas/staff and colleagues

Use the free-form text field at the end of this survey for any other information about your experience that you may wish to add. Perhaps you have gained other experience within the industry that is not mentioned in this self-assessment survey.

# Are you able to verify the knowledge and experience you have with, for example, certificates or school grades?

If you have certificates or school grades, the Swedish Public Employment Agency can help you to get these translated and validated.



Sida: 3 av 6

### **Self-assessment Survey**

## **Animal Husbandry**

	Yes – hav	e experi	ence			
Qualities that are important for your profession	No – have no experience					
1. I find solutions to problems at work	Yes	N	lo			
2. I make my own decisions so that work	Yes	N	lo			
can proceed 3. I have experience of working with others	Yes	N	lo			
4. I ask colleagues for help when the work demands it	Yes	N	Jo			
5. I ask colleagues to perform duties when	165	1	NO			
necessary to drive work forward	Yes	N	lo			
6. I have the ability to perform physical work for a whole day	Yes	N	0			
7. I can work in a stressful situation	Yes	N	0			
Experience	1-5 (No e	xperien	ce – Ex	ctensive	experien	ce)
8. I know what work environment/safety involves, for example:						
- The importance of using safety equipment/protective clothing	1	2	3	4	5	
- Experience of how to avoid accidents and unnecessary strain in the work	1	2	3	4	5	
9. I have experience of running my own business	Describe w	hat that i	nvolved			
10. I have experience of duties as a manager	1	2	3	4	5	



Sida: 4 av 6

- I have had responsibility for staff						
- I have had responsibility for operations	1	2	3	4	5	
<b>Experience and competences that are important for the industry</b>						
11. I have worked on a farm	1	2	3	4	5	
Milk production						
12. I have experience of working in a cowshed	1	2	3	4	5	
13. I have experience of working with young animals and calves	1	2	3	4	5	
14. I have experience of working with dairy cows and dry cows (cows waiting to calve)	1	2	3	4	5	
15. I have experience of milking cows:						
- Robotic milking (Voluntary Milking System)	1	2	3	4	5	
- Carousel milking	1	2	3	4	5	
- Elevated milking	1	2	3	4	5	
- Cows in tie-stalls	1	2	3	4	5	
16. I have experience of working with cleaning and milking systems	1	2	3	4	5	
17. I have experience of working with various mucking-out systems	1	2	3	4	5	
18. I have experience of documenting dairy cow-related events	1	2	3	4	5	
19. I have experience of feeding dairy cows on a farm	1	2	3	4	5	
20. I have knowledge of animals' behaviour and growth patterns, for example, dairy cows and calves	1	2	3	4	5	
21. I have experience of preparation before a calving	1	2	3	4	5	
22. I have knowledge of what insemination weight is suitable for heifers	1	2	3	4	5	
Pig production						



Sida: 5 av 6

23. I have experience of working with pigs	1	2	3	4	5	
<ul><li>Sows</li><li>Piglets</li><li>Porkers</li></ul>	Yes Yes Yes		I	No No No		
24. I have knowledge of how to document pig-related events	1	2	3	4	5	
25. I have knowledge of how diseases spread	1	2	3	4	5	
26. I have knowledge of how the spreading of infection can be restricted	1	2	3	4	5	
27. I have knowledge of the procedures for feeding	1	2	3	4	5	
28. I have worked with other animals						
- Horses	Yes		No.			
- Sheep	Yes		No			
- Goats	Yes		No	D		
- Other animals	Yes		No	0		
29. I have experience of using tractors and other loaders for feeding animals or for other jobs on a farm	1	2	3	4	5	
30. I have experience of working with the usual industry software, for example, software used for milk production and feeding	1	2	3	4	5	
31. I have experience of using the equipment used to clean a cowshed	1	2	3	4	5	

Självskattningsformulär Lantbruk Djurskötsel



Engelska

Sida: 6 av 6

Write here any experience you may have from the industry that you are good at that did not feature in the survey: