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Identify Your Skills

Do you have specialized professional experience? Would you like to know how you can use that experience in Sweden?

By carrying out a self-assessment, you can get an idea of the skills that are required in your line of work.

To carry out this self-assessment, you simply complete a survey of questions related to a specific profession in the Swedish labour market. Your responses to this questionnaire are intended to be used as a helpful tool in finding the job that is right for you. You can use the self-assessment questionnaire in dialogue with an employment officer. Your responses will help both you and Arbetsförmedlingen (the Swedish Public Employment Service) to make well-informed decisions about how they can best be of assistance. Perhaps you need some help in determining how to apply your skill set here in Sweden, or require information and advice about what the next step in your career path ought to be: Should you complete your education, gain work experience, or acquire a professional certification?

The questions in the self-assessment are based on the requirements imposed by Swedish law to practice a given profession. You should base your responses solely upon your own knowledge and experience within that profession.

All of your knowledge and experience is taken into account. It's up to you to assess your own skills.

This self-assessment survey concerns the qualifications required to work in the wood industry.

Please assess your experience and skills using the rating system below. This will allow the Swedish Public Employment Agency to give you the best possible guidance and support.

Use the following scale as a basis for identifying and assessing your skills

1: No experience

- You may have theoretical knowledge, but lack any practical experience

2: Limited experience

- You gained limited practical experience while undergoing your training

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3: Considerable experience

- You have references and a work certificate attesting that you have worked in the industry for less than a year.

4: Ample experience

- You have several years of practical experience, and would be able to start working unsupervised almost immediately

5: Very considerable experience

- Your professional experience is such that you could immediately assume the position of a supervisor, manager or expert
- You have experience in organising and developing a business, as well as administrative and managerial skills
- You have experience in communicating how work in your industry should be carried out, and can involve and motivate your colleagues.
- You have experience in organising resources for various projects/groups/activities/colleagues

You may use the free text fields at the bottom of the questionnaire to further describe your professional experience. Perhaps you have industry experience, but the questions provided in the self-assessment do not touch upon your specific skills.

Are you able to verify your knowledge and experience with documentation such as certificates or transcripts?

If you have certificates or transcripts, the Swedish Public Employment Service can assist you in having them translated and validated.

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Self-assessment Survey

Wood Industry Workers

Qualities that are important in your profession	1–5 (No experience – Very considerable experience)				
1. I'm good at working independently	1	2	3	4	5
2. I'm good at working in groups	1	2	3	4	5
3. I remain calm in challenging situations	1	2	3	4	5
4. I can manage to work in stressful situations	1	2	3	4	5
5. I am able to follow the rules that apply to my workplace	1	2	3	4	5
6. I am accustomed to making decisions on my own	1	2	3	4	5
Experience and skills that are important in your profession	1–5 (No experience – Very considerable experience)				
7. I have experience in industrial manufacturing	1	2	3	4	5
8. I have experience in small-scale manufacturing	1	2	3	4	5
9. I have experience in working with upholstered furniture	1	2	3	4	5
10. I have experience in manufacturing solid wood furniture	1	2	3	4	5
11. I have experience in manufacturing flat pack furniture made from sheet materials	1	2	3	4	5
12. I have experience in manufacturing doors	1	2	3	4	5
13. I have experience in manufacturing windows	1	2	3	4	5
14. I have experience in manufacturing interiors	1	2	3	4	5
15. I have experience in manufacturing stairs	1	2	3	4	5
16. I have experience in manufacturing joinery	1	2	3	4	5

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17. I have experience in installing joinery on a construction site.	1	2	3	4	5
18. I have experience in working with handheld power tools	YES			NO	
19. I have experience in working with air-powered tools	YES			NO	
20. I have experience in working with handheld tools	YES			NO	
21. I have experience in working with a sewing machine	YES			NO	
22. I have experience in working with power saws	YES			NO	
23. I have experience in working with power drills	YES			NO	
24. I have experience in working with milling machines	YES			NO	
25. I have experience in working with moulding machines	YES			NO	
26. I have experience in working with planing machines	YES			NO	
27. I have experience in working with tenoning machines	YES			NO	
28. I have experience in working with industrial sanders	YES			NO	
29. I have experience in working with computers	1	2	3	4	5
30. I have experience in working with CNC-controlled machine tools	1	2	3	4	5
31. I have experience in working with CAD programs	1	2	3	4	5
32. I have experience in line production	1	2	3	4	5
33. I am experienced in grinding tools	1	2	3	4	5
34. I have experience in machine maintenance	1	2	3	4	5
35. I have experience in wood drying	1	2	3	4	5

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36. I have experience in veneering	1	2	3	4	5
37. I have experience in sizing	1	2	3	4	5
38. I have experience in reading technical drawing comprehension	1	2	3	4	5
39. I have experience in measurement technology	1	2	3	4	5
40. I have experience in working with pneumatics/compressed air	1	2	3	4	5
41. I have experience in assembling and packaging products	1	2	3	4	5
42. I have experience with driving trucks	1	2	3	4	5
43. I have experience with applying wood industry-related surface treatments	1	2	3	4	5
44. I have experience in the manual spray-varnishing of wooden products	1	2	3	4	5
45. I have experience in using automated equipment to varnish wooden products	1	2	3	4	5
46. I have experience in filling and repairing wooden products	1	2	3	4	5
47. I have experience in surface finishing	1	2	3	4	5
Training					
48. I have undergone a training programme in the field of wood technology	YES			NO	
49. I have undergone an apprenticeship in the field of wood technology	YES			NO	
50. I have a university degree in wood technology	YES			NO	
51. I have undergone a training programme in the field of surface treatment/finishing	YES			NO	
52. I have undergone an apprenticeship in the field of surface treatment/finishing	YES			NO	
53. I have undergone an apprenticeship in the manufacturing of upholstered furniture	YES			NO	

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54. I have undergone a training programme in the manufacturing of upholstered furniture	YES	NO
<p>Please use this space to provide further details regarding any relevant experience, knowledge, or skills not covered by the above questions.</p>		